

MOVEMENT MEDICINE

The
Looking
Glass



DANCE AND
DRUMMING
CIRCLE

WITH
Kristin Glenewinkel

2 MARCH

Full Moon Dance FRIDAY 8 - 10.30 PM

21 JUNE

Summer Solstice Ritual THURSDAY 8 - 10.30 PM

29 SEPTEMBER

Equinox Dance SATURDAY 7 - 9.30 PM

3 NOVEMBER

Samhain Ritual SATURDAY 7 - 9.30 PM

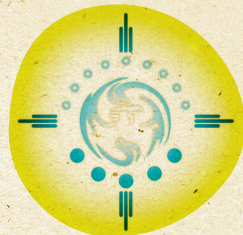
22 DECEMBER

Winter Solstice Ritual SATURDAY 7 - 9.30 PM

Kristin's call is to overcome the divide between body and mind and to establish dance as spiritual practice fully embodying the living heart. Kristin works with movement, breath, voice and sound and offers her drumming to invite imagination into the dance space.

MOVEMENT MEDICINE 2018

DROP IN CLASS CHF 25
TEACHING IN GERMAN AND ENGLISH



MORE INFO WWW.TANZNETZBASEL.CH
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Movement Medicine is a body-based movement meditation practice that will reconnect you to the wisdom of living from the heart, the joy of knowing who you are and the satisfaction of making your unique contribution to life. Dance connects us with our bodies, hearts and minds and with each other.